



Valley Central Viking Pride

Middle School April 2024 Menu

For any questions or concerns,
Please contact:
Eleanore Mills
Food Service Director
845-457-2400 x16896
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	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast Choices Available <i>Bagels, Cereal, Muffins, Whole Grain Pop Tarts</i> <i>Fruit, Fruit Juice, Milk</i>	01 Spring Break School is Closed	02 Viking Burger Cheeseburger on a Bun Pickles, Bacon Baked Beans Fruit and Milk	03 Quesadilla Seasoned Beef and Cheese, Salsa Sour Cream Steamed Corn, Rice Fruit and Milk	04 Pasta and Chicken Alfredo Steamed Broccoli Dinner Roll and Butter Fruit and Milk	05 Pizza Cheese or Pepperoni Carrot Sticks Ranch Dressing Fruit and Milk	Choice of Milk Daily: Fat Free White Milk 1% White Milk Fat Free Choc. Milk Lactate Milk
Monday's Yogurt Parfait Strawberry, Blueberry Granola Veggie and Grain of The Day, Fruit and Milk	08 Chicken Bowl Chicken Nuggets Mashed Potato and Gravy Steamed Corn Fruit and Milk	09 Grilled Cheese On WW Bread Tomato Soup Green Beans Fruit and Milk	10 Early Dismissal Egg Bacon and Cheese On a Hard Roll Tater Tots Fruit and Milk	11 Baked Pasta Ricotta and Mozz. Cheese Sauce, Dinner Roll Steamed Broccoli Fruit and Milk	12 Italian Dunkers Cheesy Sub Hero Side of Marinara Caprese Salad (Tomato, Mozz, Basil) Fruit and Milk	Available Daily: Meal: Yogurt, Sting Cheese, Fruit, Daily Vegetable, Bread
Tuesday's Pita Hummus Platter Fresh Cut Veggies Ranch Dressing Fruit and Milk	15 Chicken Patty on a Bun Sweet Potato Fries Green Beans Fruit and Milk	16 Baked Potato Bar Choice of BBQ Pulled Pork or Chicken, Shredded Cheese Sour Cream, Butter Fruit and Milk	17 Nacho Platter Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	18 Lasagna Roll Ups Marinara Sauce Seasoned Broccoli Dinner Roll and Butter Fruit and Milk	19 Pizza Cheese or Pepperoni Spinach - Apple Salad Honey Mustard Dr. Corn, Fruit and Milk	Fresh Made Salads Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers Ham, Turkey or Cheese Dressings and Bread
Thursday's Pretzel Cheese Platter Fresh Cut Veggies Ranch Dressing Fruit and Milk	22 General Tso Chicken Chicken Nuggets Steamed Rice, Vegetable Eggroll Steamed Carrots Fruit and Milk	23 School is Closed For Passover	24 Soft Shell Tacos Meat, Lettuce, Tomato Cheese, Salsa Rice, Refried Beans Fruit and Milk	25 Homemade Mac and Cheese Dinner Roll and Butter Steamed Broccoli Fruit and Milk	26 Mozzarella Sticks Sauce, Garlic Knot, Cucumber Slice Steamed Corn Fruit and Milk	Sandwiches Turkey/ Cheese Ham/ Cheese Egg Salad, PBJ
	29 Chicken Patty on a Bun Onion Ring Fries Green Beans Fruit and Milk	30 French Toast Sticks Baby Potato Pancakes Syrup, String Cheese Fruit and Milk				Menus are subject to change without notice. VCSD is an equal Opportunity provider and employer