



Valley Central Viking Pride

High School May 2024 Menu

For any questions or concerns,
Please contact:
Eleanore Mills
Food Service Director
845-457-2400 x16896
eleanore.mills@VCSDNY.org

	Monday	Tuesday	Wednesday	Thursday	Friday	
Monday's Yogurt Parfait Strawberry, Blueberry Granola Veggie and Grain of The Day, Fruit and Milk	Breakfast Choices Available <i>Bagels, Cereal, Wednesday Special Muffins, Whole Grain Pop Tarts</i> Fruit, Fruit Juice, Milk	Thursday Hot Breakfast 5/2 Waffles 5/9 -5/30 Egg/Ham/Cheese on Roll 5/16 Pancakes	01 Nacho Platter Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	02 Pasta Marinara Sauce String Cheese, Broccoli Dinner Bread Fruit and Milk	03 Pizza Cheese or Pepperoni Carrots, Side Salad Fruit and Milk	Choice of Milk Daily: Fat Free White Milk 1% White Milk Fat Free Choc. Milk
Tuesday's Pita Hummus Platter Fresh Cut Veggies Ranch Dressing Fruit and Milk	06 Chicken Patty On a Bun Mashed Potato Steamed Corn Fruit and Milk	07 Mac and Cheese Dinner Roll Seasoned Broccoli Fruit and Milk	08 Nacho Platter Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	09 Viking Bacon Burger On a Bun, Pickles Lettuce, Tomato, Baked Beans Fruit and Milk	10 Personal Pan Pizza Parmesan Green Beans Side Salad Fruit and Milk	Available Daily: Meal: Yogurt, String Cheese, Fruit, Daily Vegetable, Bread
Wednesday's Pretzel Cheese Platter Fresh Cut Veggies Ranch Dressing Fruit and Milk	13 Chicken Patty On a Bun Seasoned Corn Baked Beans Fruit and Milk	14 Hot Ham-Cheese On a Bagel Seasoned Carrots Pasta Salad Fruit, Milk	15 Tater Taco Tater Tots Seasoned Meat Melted Cheese, Salsa Refried Beans Fruit and Milk	16 Pasta With Alfredo Sauce Dinner Roll Green Beans Fruit, Milk	17 Personal Pan Pizza Cheese or Pepperoni Side Salad Cheesy Broccoli Fruit and Milk	Fresh Made Salads Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers Ham, Turkey or Cheese Dressings and Bread
Thursday's Grab and Go Pre-made Panini Or Spicy Chicken Wrap	20 Viking Combo 3 Chicken Nuggets 3 Mozzarella Sticks Dipping Sauce Corn, Dinner Roll Fruit and Milk	21 Grilled Cheese Tomato Soup, Corn Bag of Chips Fruit and Milk	22 Nacho Platter Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	23  No School	24 Enjoy your Time Off	Sandwiches Turkey/ Cheese Ham/ Cheese. Egg Salad Bologna/Cheese Cheese Sandwich, PBJ
Made to order Deli and Salad Bar Daily	27 Enjoy your Time Off	28 Chicken Patty On a Bun Mashed Potato Steamed Corn Fruit and Milk	29 Nacho Platter Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	30 Pasta Marinara Sauce String Cheese, Broccoli Dinner Roll Fruit and Milk	31 Personal Pan Pizza Cheese or Pepperoni Salad, Green Beans Fruit and Milk	Menus are subject to change without notice. VCSD is an equal Opportunity provider and employer