



# Valley Central Viking Pride

## Middle School May 2024 Menu

For any questions or concerns,  
Please contact:  
Eleanore Mills  
Food Service Director  
845-457-2400 x16896  
eleanore.mills@VCSDNY.org

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Monday's</b> Yogurt Parfait Strawberry, Blueberry Granola Veggie and Grain of The Day, Fruit and Milk	<b>Breakfast Choices Available</b> <i>Bagels, Cereal, Muffins, Whole Grain Pop Tarts</i> <i>Fruit, Fruit Juice, Milk</i>		<b>01 Choice of Shells</b> Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	<b>02</b> Pasta Marinara Sauce String Cheese, Broccoli Dinner Roll Fruit and Milk	<b>03 Personal Pan Pizza</b> Seasoned Carrots Side Salad Fruit and Milk	<b>Choice of Milk Daily:</b> Fat Free White Milk 1% White Milk Fat Free Choc. Milk
<b>Tuesday's</b> Pita Hummus Platter Fresh Cut Veggies Ranch Dressing Fruit and Milk	<b>06</b> Chicken Nuggets Mashed Potato and Gravy Steamed Corn Fruit and Milk	<b>07</b> Mac and Cheese Dinner Roll Seasoned Broccoli Fruit and Milk	<b>08 Nacho Platter</b> Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	<b>09</b> Viking Bacon Burger On a Bun, Pickles Lettuce, Tomato, Baked Beans Fruit and Milk	<b>10 Personal Pan Pizza</b> Parmesan Green Beans Side Salad Fruit and Milk	<b>Available Daily:</b> <b>Meal:</b> Yogurt, String Cheese, Fruit, Daily Vegetable, Bread
<b>Thursday</b> Pretzel Cheese Platter Fresh Cut Veggies Ranch Dressing Fruit and Milk	<b>13</b> Chicken Patty On a Bun Seasoned Corn Baked Beans Fruit and Milk	<b>14</b> Hot Ham-Cheese On a Bagel Seasoned Carrots Pasta Salad Fruit, Milk	<b>15 Tater Taco</b> Tater Tots Seasoned Meat Melted Cheese, Salsa Refried Beans Fruit and Milk	<b>16</b> Pasta With Alfredo Sauce Dinner Roll Green Beans Fruit, Milk	<b>17 Personal Pan Pizza</b> Cheese or Pepperoni Side Salad Cheesy Broccoli Fruit and Milk	<b>Fresh Made Salads</b> Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers Ham, Turkey or Cheese Dressings and Bread
	<b>20 Viking Combo</b> 3 Chicken Nuggets 3 Mozzarella Sticks Dipping Sauce Corn, Dinner Roll Fruit and Milk	<b>21</b> Grilled Cheese Tomato Soup, Corn Bag of Chips Fruit and Milk	<b>22 Nacho Platter</b> Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	<b>23</b>  <b>MEMORIAL DAY</b> REMEMBER AND HONOR <b>No School</b>	<b>24</b> <b>Enjoy your Time Off</b>	<b>Sandwiches</b> Turkey/ Cheese Ham/ Cheese. Egg Salad Cheese Sandwich, PBJ
	<b>27</b> <b>Enjoy your Time Off</b>	<b>28</b> Chicken Patty On a Bun Mashed Potato Steamed Corn Fruit and Milk	<b>29 Nacho Platter</b> Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	<b>30</b> Pasta Marinara Sauce String Cheese, Broccoli Dinner Roll Fruit and Milk	<b>31 Personal Pan Pizza</b> Cheese or Pepperoni Salad, Green Beans Fruit and Milk	Menus are subject to change without notice. VCSD is an equal Opportunity provider and employer