

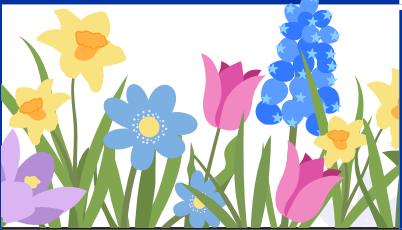


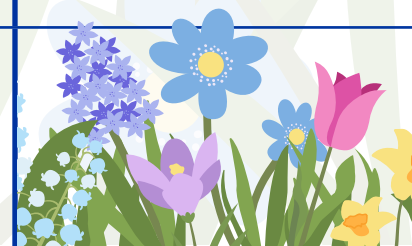
VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL
APRIL 2025
MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 MOZZARELLA STICKS Marinara Sauce Garlic Knot Steamed Carrots Fruit and Milk	2 QUESADILLA Chicken and Cheese Salsa, Sour Cream Rice, Refried Beans Fruit and Milk	3 LOADED BAKED POTATO Choose From The Many Topping Dinner Roll and Butter Fruit and Milk	4 PIZZA Cheese or Pepperoni Garden Salad Dressing Fruit and Milk
7 CHICKEN NUGGETS AND WAFFLES Syrup Green Beans Fruit and Milk	8 GRILLED CHEESE ON A BAGEL Tomato Soup Tater Tots Fruit and Milk	9 NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	10 PASTA Choice of Pasta: Plain Or Marinara Sauce String Cheese, Broccoli Fruit and Milk	11 PIZZA Cheese or Pepperoni Garden Salad Dressing Fruit and Milk
14 SPRING BREAK	15 SPRING BREAK	16 SPRING BREAK	17 SPRING BREAK	18 SPRING BREAK
21 SPRING BREAK	22 PASTA Stuffed Shells Marinara Sauce Dinner Roll, Broccoli Fruit and Milk	23 NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Refried Beans Fruit and Milk	24 CHICKEN GYRO Choice of Onions, Lettuce, Tomatoes Tzatziki Sauce Greek Lemon Potatoes Fruit and Milk	25 PIZZA Cheese or Pepperoni Garden Salad Dressing Fruit and Milk
28 CHICKEN BOWL Tyson Chicken Nuggets Mashed Potato and Gravy Steamed Corn Fruit and Milk	29 EGG BAKE WITH CHEESE Breakfast Sausage Toasted English Muffin Oval Potato Patty Sweet Apple Slices And Milk	30 NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa, Refried Beans Fruit and Milk	<i>Menus are subject to change without notice.</i> <i>VCSD is an equal opportunity provider and employer.</i>	





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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/ Cheese, Ham/ Cheese, Bologna/Cheese, Cheese Sandwich, PBJ

SPECIALS

MONDAYS - Pita Pizza Cold Platter

Pita bread, Sauce, Cheese, Pepperoni, Fruit and Milk

TUESDAYS - Bagel Platter

Bagel, Cream Cheese, Mozz Stick, Sliced Veggies and Dip, Fruit and Milk

THURSDAYS - Cheese, Ham, Turkey Platter

Rolled Cheese, Ham and Turkey Sliced, Cut Veggies, Gold Fish
Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2024-2025 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

