





VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL
MAY 2025
MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><i>Menus are subject to change without notice.</i></p> <p><i>VCSD is an equal opportunity provider and employer.</i></p>	<p>1</p> <p>PASTA Choice of: Plain, Meat Or Marinara Sauce String Cheese, Corn Fruit and Milk</p>	<p>2</p> <p>PERSONAL PAN PIZZA Cheese or Pepperoni Steamed Carrots Fruit and Milk</p>
<p>5</p> <p>BACON AND CHEESE CHICKEN PATTY ON A KAISER ROLL Green Beans Fruit and Milk</p>	<p>6</p> <p>HOMEMADE MAC AND CHEESE PASTA Dinner Roll and Butter Steamed Broccoli Fruit and Milk</p>	<p>7</p> <p>NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Corn, Sour Cream Fruit and Milk</p>	<p>8</p> <p>CHICKEN CORN DOGS Homemade Baked Beans Pasta Salad Fruit and Milk</p>	<p>9</p> <p>PIZZA Cheese or Pepperoni Carrots and Cucumbers Ranch Dressing Fruit and Milk</p>
<p>12</p> <p>HALF AND HALF 3 CHICKEN NUGGETS AND 3 BREADED MOZZARELLA STICKS Seasoned Corn Fruit and Milk</p>	<p>13</p> <p>BACON, EGG AND CHEESE ON A KAISER ROLL Baby Carrots and Dressing Fruit and Milk</p>	<p>14</p> <p>SOFT SHELL TACO Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice Refried Beans Fruit and Milk</p>	<p>15</p> <p>BBQ CHICKEN Homemade Baked Beans Celery and Carrot Sticks Dressing Fruit and Milk</p>	<p>16</p> <p>PERSONAL PAN PIZZA Cheese or Pepperoni Green Beans Grape Tomatoes Fruit and Milk</p>
<p>19</p> <p>CHICKEN PATTY CORDON BLEU (Ham and Swiss Cheese) On a Kaiser Roll Green Beans Fruit and Milk</p>	<p>20</p> <p>HOMEMADE MAC AND CHEESE PASTA Dinner Roll and Butter Steamed Broccoli Fruit and Milk</p>	<p>21</p> <p>NACHO PLATTER Tostito Rounds Seasoned Meat, Cheese Sauce, Salsa Corn, Sour Cream Fruit and Milk</p>	<p>22</p> <p>SCHOOL IS CLOSED</p>	<p>23</p> <p>SCHOOL IS CLOSED</p>
<p>26</p> <p>SCHOOL IS CLOSED</p>	<p>27</p> <p>ALL BEEF HOT DOG ON A BUN Sauerkraut, Bag Of Chips Baked Beans Fruit and Milk</p>	<p>28</p> <p>LOADED TATER TOTS Seasoned Meat, Cheese, Salsa, Sour Cream Seasoned Rice Fruit and Milk</p>	<p>29</p> <p>MEATBALLS, MOZZARELLA CHEESE, SAUCE ON A SUB ROLL Seasoned Broccoli Fruit and Milk</p>	<p>30</p> <p>PIZZA Cheese or Pepperoni Side Garden Salad Seasoned Corn Fruit and Milk</p>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread, PBJ Sandwich

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Egg Salad, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry, Blueberry Or Peach, Granola Veggie and
Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2024-2025 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

