



VALLEY CENTRAL

VIKING PRIDE

ELEMENTARY

SEPTEMBER 2025

MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LABOR DAY NO SCHOOL	2 CONFERENCE DAY NO SCHOOL FOR STUDENTS	3 CONFERENCE DAY NO SCHOOL FOR STUDENTS	4 VIKING BURGER ON A WW BUN Pickles Seasoned Broccoli Fruit and Milk FIRST DAY OF SCHOOL	5 PIZZA Cheese or Pepperoni Garden Salad Fruit and Milk
8 CRUNCHY BAKED TYSON CHICKEN PATTY On a WW Bun Steamed Carrots Fruit and Milk	9 TWISTED GRILLED AMERICAN AND MOZZARELLA ON WW BREAD Tomato Soup Green Beans Fruit and Milk	10 QUESADILLA Chicken and Cheese, Salsa, Sour Cream, Rice, Refried Beans Fruit and Milk	11 BRUNCH FOR LUNCH Bacon, Egg and Cheese on a Bun, Tater Tots Fruit and Milk	12 ITALIAN DUNKERS Cheesy Sub Hero Side of Marinara Tomato/Cucumber Salad Fruit and Milk
15 CRUNCHY CHICKEN NUGGETS Mashed Potatoes Dinner Roll Steamed Carrots Fruit and Milk	16 HOT DOG ON A BUN Sauerkraut, Baked Beans Fruit and Milk	17 BRUNCH FOR LUNCH French Toast Sticks String Cheese Baby Carrots Ranch Dressing Fruit and Milk	18 PASTA Marinara Sauce String Cheese Steamed Broccoli Fruit and Milk	19 PIZZA Cheese or Pepperoni Garden Salad Fruit and Milk
22 CRUNCHY BAKED TYSON CHICKEN PATTY On a WW Bun Steamed Carrots Fruit and Milk	23 ROSH HASHANAH SCHOOL IS CLOSED	24 SOFT SHELL TACO Meat, Lettuce, Tomato Cheese, Salsa, Rice, Refried Beans Fruit and Milk	25 ROASTED CHICKEN Mashed Potatoes Dinner Roll, Butter Seasoned Corn Fruit and Milk	26 ITALIAN DUNKERS Cheesy Sub Hero Side of Marinara Tomato/Cucumber Salad Fruit and Milk
29 CHICKEN BOWL Tyson Chicken Nuggets Mashed Potato and Gravy Corn, Fruit, Milk	30 CORN DOG NUGGETS Baked Beans Dinner Roll, Butter Fruit and Milk	Have a picky eater? Do they still love to use their lunch box? →	They can still participate in our FREE lunch program! Let us complement your home lunch with our lunch as well.	<i>Menus are subject to change without notice.</i> <i>VCSD is an equal opportunity provider and employer.</i>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Muffins, Whole Grain Pop Tarts, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Pita Pizza Cold Platter: Pita bread, Sauce, Cheese, Pepperoni, Fruit and Milk

TUESDAYS

Bagel Platter: Bagel, Cream Cheese, Mozz Stick, Sliced Veggies and Dip,
Fruit and Milk

THURSDAYS

Cheese, Ham, Turkey Platter: Rolled Cheese, Ham and Turkey Sliced,
Cut Veggies, Gold Fish, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

