



VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL
NOVEMBER 2025
MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CHICKEN TENDER WRAP Tater Tots, Green Beans Fruit and Milk	4 SUPERINTENDENT CONFERENCE DAY NO SCHOOL FOR STUDENTS	5 PASTA Marinara Sauce String Cheese Steamed Broccoli Fruit and Milk	6 CHICKEN CORN DOGS Homemade Baked Beans Pasta Salad Fruit and Milk	7 PIZZA CRUNCHERS Marinara Sauce Dinner Roll Side Salad Fruit and Milk
10 HALF AND HALF 3 Chicken Nuggets and 3 Breaded Mozzarella Sticks Marinara Sauce, Green Beans Fruit and Milk	11 VETERANS DAY SCHOOL IS CLOSED	12 MEATBALL PARMESAN On a Sub Roll Steamed Broccoli Fruit and Milk	13 GRILLED CHEESE ON A BAGEL Homemade Soup Pasta Salad Fruit and Milk	14 BIG DADDY PIZZA Cheese or Pepperoni Green Beans Grape Tomatoes Fruit and Milk
17 CHICKEN BOWL Popcorn Chicken Mashed Potato and Gravy Steamed Corn Fruit and Milk	18 VIKING BURGER On a WW Bun Pickles Baked Beans Fruit and Milk	19 HOMEMADE MAC AND CHEESE PASTA String Cheese Steamed Broccoli Fruit and Milk	20 THANKSGIVING MEAL Roasted Turkey Mashed Potatoes Gravy, Dinner Roll Corn, Fruit and Milk	21 PERSONAL PAN PIZZA Cheese or Pepperoni Steamed Carrots Side Salad Fruit and Milk
24 BREADED BAKED CHICKEN PATTY ON A BUN Tater Tots, Green Beans Fruit and Milk	25 PARENT TEACHER CONFERENCES NO SCHOOL FOR STUDENTS	26 SCHOOL IS CLOSED	27 THANKSGIVING DAY SCHOOL IS CLOSED	28 SCHOOL IS CLOSED
				<i>Menus are subject to change without notice. VCSD is an equal opportunity provider and employer.</i>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and
Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

