



VALLEY CENTRAL

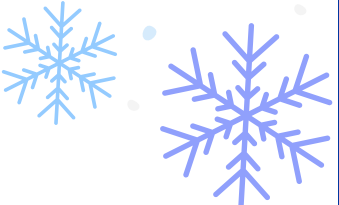
VIKING PRIDE

MIDDLE SCHOOL

DECEMBER 2025

MENU

For any questions or concerns, please contact: Eleanore Mills, Food Service Director | 845-457-2400 x16896 | eleanore.mills@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CRUNCHY BREADED POPCORN CHICKEN Brown Rice Dinner Roll Steamed Carrots Fruit and Milk	2 BRUNCH FOR LUNCH EGG, HAM AND CHEESE ON A HARD ROLL Tater Tots Fruit and Milk	3 QUESADILLA Chicken and Cheese, Salsa, Sour Cream Rice, Refried Beans Fruit and Milk	4 VIKING BURGER ON A WW BUN Cheese, Lettuce, Tomato, Bacon, Pickles Steamed Corn Fruit and Milk	5 PIZZA Big Daddy Pizza Cheese or Pepperoni Steamed Broccoli Fruit and Milk
8 CHICKEN CORDON BLUE Chicken Tender, Melted Swiss Cheese and Ham On a Sub Roll Steamed Carrots Fruit and Milk	9 MEATBALL SUB Topped with Mozzarella Cheese Steamed Corn Fruit and Milk	10 SOFT SHELL TACO Seasoned Meat, Lettuce, Tomato, Cheese, Sour Cream Salsa, Refried Beans Fruit and Milk	11 MOZZARELLA STICK Dipping Sauce Dinner Roll, Broccoli Fruit and Milk	12 ITALIAN DUNKERS Cheesy Sub Hero Marinara Sauce for Dipping Steamed Green Beans Fruit and Milk
15 CHICKEN BOWL Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Steamed Corn Fruit and Milk	16 HOT HAM AND CHEESE ON A BAGEL Homemade Soup Steamed Carrots Fruit and Milk	17 QUESADILLA Chicken and Cheese, Salsa, Sour Cream Rice, Refried Beans Fruit and Milk	18 HOMEMADE MAC AND CHEESE Dinner Roll Steamed Broccoli Fruit and Milk	19 PIZZA Big Daddy Pizza Cheese or Pepperoni Steamed Green Beans Fruit and Milk
22 WINTER RECESS SCHOOL IS CLOSED	23 WINTER RECESS SCHOOL IS CLOSED	24 WINTER RECESS SCHOOL IS CLOSED	25 WINTER RECESS SCHOOL IS CLOSED	26 WINTER RECESS SCHOOL IS CLOSED
29 WINTER RECESS SCHOOL IS CLOSED	30 WINTER RECESS SCHOOL IS CLOSED		** If you have a food allergy, please notify us.	<i>Menus are subject to change without notice.</i> <i>VCSD is an equal opportunity provider and employer.</i>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and
Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

