



VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL
JANUARY 2026
MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Menus are subject to change without notice.</i></p> <p><i>VCSD is an equal opportunity provider and employer.</i></p>	<p><i>** If you have a food allergy, please notify us.</i></p>		<p>1</p> <p>WINTER RECESS</p> <p>SCHOOL IS CLOSED</p>	<p>2</p> <p>WINTER RECESS</p> <p>SCHOOL IS CLOSED</p>
<p>5</p> <p>CHICKEN BOWL Popcorn Chicken Mashed Potatoes, Gravy Steamed Corn Fruit and Milk</p>	<p>6</p> <p>HOMEMADE MAC AND CHEESE PASTA String Cheese Steamed Broccoli Fruit and Milk</p>	<p>7</p> <p>QUESADILLA Chicken and Cheese Sour Cream Rice, Refried Beans Fruit and Milk</p>	<p>8</p> <p>MEATBALL SUB Topped With Shredded Mozzarella Cheese Seasoned Green Beans Fruit and Milk</p>	<p>9</p> <p>BIG DADDY PIZZA Cheese or Pepperoni Seasoned Corn Side Salad Fruit and Milk</p>
<p>12</p> <p>BREADED CHICKEN TENDER AND CHEESE WRAP Mashed Potatoes Seasoned Corn Fruit and Milk</p>	<p>13</p> <p>CHICKEN CORN DOGS Homemade Baked Beans Steamed Carrots Dinner Roll Fruit and Milk</p>	<p>14</p> <p>SOFT SHELL TACO Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice Refried Beans Fruit and Milk</p>	<p>15</p> <p>CHICKEN PATTY PARMESAN Pasta with Marinara Sauce Seasoned Broccoli Fruit and Milk</p>	<p>16</p> <p>BIG DADDY PIZZA Cheese or Pepperoni Green Beans Grape Tomatoes Fruit and Milk</p>
<p>19</p> <p>SCHOOL IS CLOSED</p>	<p>20</p> <p>ROASTED CHICKEN Broccoli Dinner Roll Fruit and Milk</p>	<p>21</p> <p>QUESADILLA Chicken and Cheese Sour Cream Rice, Refried Beans Fruit and Milk</p>	<p>22</p> <p>HOT OPEN FACE Gravy, Turkey Sandwich Mashed Potato, Steamed Corn Fruit and Milk</p>	<p>23</p> <p>BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk</p>
<p>26</p> <p>CHICKEN CORDON BLUE Chicken Patty, Swiss Cheese Sliced Ham on a Hard Roll Steamed Corn Fruit and Milk</p>	<p>27</p> <p>PIZZA CRUNCHERS Marinara Sauce Dinner Roll Seasoned Green Beans Fruit and Milk</p>	<p>28</p> <p>SOFT SHELL TACO Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice Refried Beans Fruit and Milk</p>	<p>29</p> <p>CHICKEN CESAR SALAD Popcorn Chicken Romaine Lettuce, Cesar Dressing Dinner Roll, Homemade Soup Fruit and Milk</p>	<p>30</p> <p>BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk</p>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and
Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

