



VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL
FEBRUARY 2026
MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN NUGGETS Dinner Roll Mashed Potatoes Seasoned Corn Fruit and Milk	3 VIKING BURGER On a WG Bun Pickles, Tater Tots Fruit and Milk	4 SOFT SHELL TACO Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice Refried Beans Fruit and Milk	5 PASTA Marinara Sauce String Cheese Steamed Broccoli Fruit and Milk	6 BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk
9 BREADED BAKED CHICKEN PATTY ON A BUN Green Beans Fruit and Milk	10 HOT DOG On a WG Bun Tater Tots Fruit and Milk	11 QUESADILLA Chicken and Cheese Sour Cream Rice, Refried Beans Fruit and Milk	12 MEATBALL SUB Topped With Shredded Mozzarella Cheese Seasoned Broccoli Fruit and Milk	13 BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk
16 SCHOOL IS CLOSED	17 SCHOOL IS CLOSED	18 SCHOOL IS CLOSED	19 SCHOOL IS CLOSED	20 SCHOOL IS CLOSED
23 CHICKEN NUGGETS Dinner Roll Mashed Potatoes Seasoned Green Beans Fruit and Milk	24 CHICKEN BOWL Chicken Nuggets Mashed Potatoes, Gravy Dinner Roll, Steamed Corn Fruit and Milk	25 NACHO PLATTER Seasoned Beef, Cheese Sauce, Salsa, Refried Beans Sour Cream Fruit and Milk	26 HOMEMADE MAC AND CHEESE PASTA String Cheese Steamed Broccoli Fruit and Milk	27 BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk
				<p><i>Menus are subject to change without notice.</i> VCSD is an equal opportunity provider and employer.</p> <p><i>** If you have a food allergy, please notify us.</i></p>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

