



VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL
MARCH 2026
MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 POPCORN CHICKEN MASHED POTATO BOWL served with Steamed Corn, Gravy and a Dinner Roll Fruit and Milk	3 VIKING CHEESEBURGER On a WG Bun Pickles, French Fries Fruit and Milk	4 BBQ CHICKEN WRAP Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice, Corn Fruit and Milk	5 PASTA Marinara Sauce, Meat Sauce Steamed Broccoli Fruit and Milk	6 PIZZA CRUNCHERS Marinara Dipping Sauce Side Garden Salad Steamed Carrots Fruit and Milk
9 CHICKEN NUGGETS Served with Dipping Sauces Dinner Roll Seasoned Carrots Fruit and Milk	10 BRUNCH FOR LUNCH HAM, EGG AND CHEESE SANDWICH Tater Tots Fruit and Milk	11 NACHOS Seasoned Meat, Cheese Sauce, Salsa, Black Beans Sour Cream Fruit and Milk	12 MOZZARELLA STICKS Dipping Sauce Garlic Stick Seasoned Broccoli Fruit and Milk	13 BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk
16 BREADED CHICKEN PATTY ON A BUN WITH CHEESE Green Beans Fruit and Milk	17 OVEN ROASTED SWEET AND SOUR CHICKEN Brown Rice Steamed Carrots Fruit and Milk	18 EARLY RELEASE GRAB AND GO OPTION CHOICES: Ham and Cheese Sandwich, Turkey and Cheese Sandwich, Bagel and Yogurt Meal or PB&J Served with Vegetable, Fruit and Milk	19 EARLY RELEASE GRAB AND GO OPTION CHOICES: Ham and Cheese Sandwich, Turkey and Cheese Sandwich, Bagel and Yogurt Meal or PB&J Served with Vegetable, Fruit and Milk	20 PIZZA CRUNCHERS Marinara Dipping Sauce Side Garden Salad Steamed Carrots Fruit and Milk
23 CHICKEN TENDER SNACK WRAP with Lettuce, Tomato and Shredded Cheese French Fries Fruit and Milk	24 HOMEMADE MAC AND CHEESE PASTA String Cheese Steamed Broccoli Fruit and Milk	25 BUILD YOUR OWN NACHOS Choice of Tostito Scoops or Nacho Doritos Served with Seasoned Meat, Cheese, Salsa, Black Beans, Sour Cream Fruit and Milk	26 CHICKEN PARMESAN served with Pasta Marinara and a Garlic Knot Green Beans Fruit and Milk	27 BIG DADDY PIZZA Cheese or Pepperoni Side Garden Salad Steamed Carrots Fruit and Milk
30 SCHOOL IS CLOSED	31 SCHOOL IS CLOSED		<i>Menus are subject to change without notice.</i> <i>VCSD is an equal opportunity provider and employer.</i>	<i>** If you have a food allergy, please notify us.</i>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham,
Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and
Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

