



VALLEY CENTRAL

VIKING PRIDE

MIDDLE SCHOOL

APRIL 2026

MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Menus are subject to change without notice.</i></p> <p><i>VCSD is an equal opportunity provider and employer.</i></p>	<p>** If you have a food allergy, please notify us.</p>	<p>1</p> <p>SCHOOL IS CLOSED</p>	<p>2</p> <p>SCHOOL IS CLOSED</p>	<p>3</p> <p>SCHOOL IS CLOSED</p>
<p>6</p> <p>CHICKEN PARMESAN served with Pasta Marinara Green Beans Fruit and Milk</p>	<p>7</p> <p>GRILLED CHEESE Tomato Soup Fruit and Milk</p>	<p>8</p> <p>BURRITO BOWL Seasoned Beef, Rice, Black Beans, Corn Fruit and Milk</p>	<p>9</p> <p>SWEET AND SOUR POPCORN CHICKEN Veggie Fried Rice Steamed Broccoli Fruit and Milk</p>	<p>10</p> <p>PIZZA Cheese or Pepperoni Garden Salad Fruit and Milk</p>
<p>13</p> <p>BREADED CHICKEN PATTY ON A BUN WITH AMERICAN CHEESE Green Beans Fruit and Milk</p>	<p>14</p> <p>CHOICE OF WAFFLES OR FRENCH TOAST Tater Tots Fruit and Milk</p>	<p>15</p> <p>CHICKEN CAESAR SALAD Served with Croutons and a Dinner Roll Fruit and Milk</p>	<p>16</p> <p>PASTA WITH MEATBALLS Garlic Knot and Green Beans Fruit and Milk</p>	<p>17</p> <p>PIZZA CRUNCHERS Cucumber and Tomato Salad Fruit and Milk</p>
<p>20</p> <p>ORANGE CHICKEN Brown Rice Carrots Milk and Fruit</p>	<p>21</p> <p>HOMEMADE MAC AND CHEESE Steamed Broccoli Biscuit Fruit and Milk</p>	<p>22</p> <p>BUILD YOUR OWN NACHOS Choice of Tostito Scoops or Nacho Doritos Served with Seasoned Meat, Cheese, Salsa, Black Beans, Sour Cream Fruit and Milk</p>	<p>23</p> <p>CHICKEN TENDER SNACK WRAP with Lettuce Tomato and Shredded Cheese Served with Honey Mustard or BBQ Sauce French Fries, Fruit and Milk</p>	<p>24</p> <p>PIZZA Cheese or Pepperoni Carrot and Celery Ranch Dressing Fruit and Milk</p>
<p>27</p> <p>VIKING CHEESEBURGER On a WG Bun Pickles, French Fries Fruit and Milk</p>	<p>28</p> <p>BRUNCH FOR LUNCH HAM, EGG AND CHEESE ON A HARD ROLL Tater Tots Fruit and Milk</p>	<p>29</p> <p>SOFT SHELL TACO Seasoned Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice, Black Beans Fruit and Milk</p>	<p>30</p> <p>PASTA Marinara Sauce Garlic Knot Steamed Broccoli Fruit and Milk</p>	



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

