



VALLEY CENTRAL



VIKING PRIDE

MIDDLE SCHOOL

MAY 2026

MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><i>Menus are subject to change without notice.</i></p> <p><i>VCSD is an equal opportunity provider and employer.</i></p>	<p><i>** If you have a food allergy, please notify us.</i></p>	<p>1 CHEESE OR PEPPERONI PIZZA Garden Salad Assorted Dressing Fruit and Milk</p>
<p>4 CORN DOGS Dipping Sauce Steamed Corn Dinner Roll Fruit and Milk</p>	<p>5 MOZZARELLA STICKS Dipping Sauce Dinner Roll Seasoned Broccoli Fruit and Milk</p>	<p>6 BEEF BURRITO Seasoned Beef, Sour Cream, Shredded Cheese, Rice, Black Beans, Corn Fruit and Milk</p>	<p>7 CHICKEN GYRO Served with Lettuce, Tomato and Tzatziki Sauce French Fries Seasoned Carrots Fruit and Milk</p>	<p>8 CHEESE OR PEPPERONI PIZZA Garden Salad Assorted Dressing Fruit and Milk</p>
<p>11 CHICKEN PARMESAN SANDWICH Served with Curly Fries Fruit and Milk</p>	<p>12 PILLSBURY MINI PANCAKES Yogurt or Cheese Stick Fruit and Milk</p> <p>EARLY RELEASE</p>	<p>13 CHICKEN CAESAR SALAD Served with Croutons and a Dinner Roll Fruit and Milk</p>	<p>14 BBQ BREADED CHICKEN BITES Served with Mac and Cheese Seasoned Green Beans</p>	<p>15 CHEESE OR PEPPERONI PIZZA Garden Salad Assorted Dressing Fruit and Milk</p>
<p>18 CHICKEN TENDER SNACK WRAP with Lettuce Tomato and Shredded Cheese Tater Tots Fruit and Milk</p>	<p>19 CHICKEN EGG ROLL Brown Rice Seasoned Broccoli Fruit and Milk</p>	<p>20 BUILD YOUR OWN NACHOS Choice of Tostito Scoops or Nacho Doritos Served with Seasoned Meat, Cheese, Salsa, Black Beans, Sour Cream Fruit and Milk</p>	<p>21 VIKING CHEESEBURGER On a WG Bun Pickles, Baked Lays Fruit and Milk</p>	<p>22 SCHOOL IS CLOSED</p>
<p>25 SCHOOL IS CLOSED</p>	<p>26 CHEESY PIZZA CRUNCHERS Dinner Roll Seasoned Broccoli Fruit and Milk</p>	<p>27 SOFT SHELL TACO Seasoned Meat, Lettuce, Tomato, Cheese, Salsa, Sour Cream, Rice, Black Beans Fruit and Milk</p>	<p>28 HOT DOG ON A WG BUN Steamed Corn Fruit and Milk</p>	<p>29 CHEESE OR PEPPERONI PIZZA Garden Salad Assorted Dressing Fruit and Milk</p>



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DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2025-2026 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

