



VALLEY CENTRAL

VIKING PRIDE

HIGH SCHOOL
OCTOBER 2026
MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Gluten free options available.</i> <i>Contact us for more information.</i> <i>Assorted fruit and milk included with all meals.</i>	<i>Menus are subject to change without notice.</i> <i>VCSD is an equal opportunity provider and employer.</i>		1 MEATBALL SUB SANDWICH Topped with Mozzarella Cheese Served with French Fries	2 CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME PIZZA, MEAT EATERS Served with Tossed Salad
5 CRISPY CHICKEN TENDERS WRAP Served with Lettuce and Cheese, Served with Tater Tots	6 EARLY RELEASE CHOICE OF EGG AND CHEESE SANDWICH OR HAM, EGG AND CHEESE SANDWICH Served with Tater Tots	7 LASAGNA ROLL UPS Served with Green Beans and a Dinner Roll	8 VIKING CHEESEBURGER Served with Lettuce, Tomato and French Fries and a Pickle	9 CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME PIZZA, MEAT EATERS Served with Tossed Salad
12 COLUMBUS DAY NO STUDENTS	13 HOMEMADE MACARONI AND CHEESE Served with Green Beans a Dinner Roll	14 BEEF SOFT TACO Served with Cheese, Lettuce Tomato, Sour Cream and Black Beans	15 CHICKEN CUTLET ON SANDWICH Served with Lettuce, Tomato and Tater Tots	16 CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME PIZZA, MEAT EATERS Served with Tossed Salad
19 CHICKEN CORN DOG Served with Sweet Potato Tots	20 CHIPOTLE BOWL Seasoned Beef, Rice, Black Beans, Corn and Toppings <i>This entree can also be offered as a vegetarian option</i>	21 PASTA WITH MEATBALLS Served with Green Beans and a Italian Bread	22 GREEK MEATBALL GYRO BOWL Beef Meatballs Served over Brown Rice, Cucumber/Tomato Salad, Tzatziki Sauce and a Pita Triangle.	23 CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME PIZZA, MEAT EATERS Served with Tossed Salad
26 OVEN FRIED CHICKEN Served with Sweet Potato Fries and a Biscuit	27 BEEF NACHOS Served with Cheese, Lettuce Tomato, Sour Cream and Black Beans	28 PASTA ALFREDO Served with Broccoli and a Bread Stick	29 CHICKEN CAESAR SALAD Served with Croutons and a Dinner Roll	30 CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME PIZZA, MEAT EATERS Served with Tossed Salad



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DAILY SPECIALS

MONDAYS

Yogurt Parfait - Strawberry or Blueberry, Veggie and Grain of The Day, Fruit and Milk

TUESDAYS

Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

WEDNESDAYS

Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS

Cottage Cheese, String Cheese, Cupped/Fresh Fruit, Veggie, Dressing, Crackers

DAILY CHOICES AVAILABLE

BREAKFAST

Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK

Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL

Yogurt, String Cheese, Fruit, Daily Vegetable, Bread,

FRESH MADE SALADS

Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES

Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2026-2027 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **\$1.85**

Lunch at the elementary schools, **\$2.00**

Breakfast at both middle and high school, **\$2.00**

Lunch at the middle and high schools, **\$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.

