VALLEY CENTRAL
VIKING PRIDE

MIDDLE SCHOOL
NOVEMBER 2026
MENU

For any questions or concerns, please contact: Amy Bishopp, Food Service Director | 845-457-2400 x16896 | amy.bishopp@VCSDNY.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **CHICKEN SANDWICH** Lettuce, Tomato and Cheese Served with Tater Tots	**3** **SUPERINTENDENT CONFERENCE DAY** **NO STUDENTS**	**4** **PENNE PASTA** Served with Marinara Sauce, Meatballs and Green Beans	**5** **CHICKEN GYRO** Served with Homemade Tzatziki Sauce, Lettuce, Tomato and Baked Lays	**6** **CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME, MEAT EATER PIZZA** Served with Tossed Salad
9 **CHICKEN NUGGETS** Served with Curly Fries and Dipping Sauces	**10** **WALKING NACHOS** Your Choice Of Doritos or Tostitos Served with Seasoned Taco Beef, Shredded Cheese, Lettuce Tomato Sour Cream and Seasoned Black Beans	**11** **VETERANS DAY** **NO SCHOOL**	**12** **CHICKEN FAJITAS** (Peppers and Onions on the side) Served with a Wrap, Shredded Cheese and Rice with Corn	**13** **CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME, MEAT EATER PIZZA** Served with Tossed Salad
16 **SOFT SHELL BEEF TACO** Lettuce, Tomato, Sour Cream and Seasoned Black Beans	**17** **GRILLED CHEESE SANDWICH** Served with Chicken Noodle Soup and Baby Carrots	**18** **CREAMY MAC & CHEESE** Served with Chicken Drumstick and Corn	**19** **ROAST TURKEY** Served with Mashed Potatoes, Corn and a Dinner Roll	**20** **CHOICE OF CHEESE, BUFFALO CHICKEN, SUPREME, MEAT EATER PIZZA** Served with Tossed Salad
23 **OVEN BAKED CHICKEN** Served with French Fries and a Buscuit	**24** **PARENT TEACHER CONFERENCE DAY** **NO STUDENTS**	**25** **THANKSGIVING RECESS** **NO SCHOOL**	**26** **THANKSGIVING RECESS** **NO SCHOOL**	**27** **THANKSGIVING RECESS** **NO SCHOOL**
			Menus are subject to change without notice. ***VCSD is an equal opportunity provider and employer.***	***Gluten free options available.*** ***Contact us for more information.*** ***Assorted fruit and milk included with all meals.***

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DAILY CHOICES AVAILABLE

BREAKFAST
Bagels, Cereal, Pop Tarts, Muffins, Breakfast Buns, Fruit, Fruit Juice, Milk

MILK
Fat Free White Milk, 1% White Milk, Fat Free Chocolate Milk

ALTERNATE MEAL
Yogurt, String Cheese, Fruit, Daily Vegetable, Bread

FRESH MADE SALADS
Local Romaine Lettuce, Tomatoes, Cucumbers and Peppers, Ham, Turkey or Cheese, Dressings and Bread

SANDWICHES
Turkey/Cheese, Ham/Cheese, Cheese, PBJ

SPECIALS

MONDAYS
Yogurt Parfait - Strawberry or Blueberry, Veggie and Grain of The Day, Fruit and Milk

TUESDAYS
Pita Hummus Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

THURSDAYS
Pretzel Cheese Platter, Fresh Cut Veggies, Ranch Dressing, Fruit and Milk

SCHOOL MEAL PROGRAM

The Valley Central School District (VCSD) is excited to announce that it will continue to provide free breakfast and lunch for all students in all schools for the 2026-2027 school year. No application is required.

This is being made possible by the Community Eligibility Provision (CEP) designation and funding granted to the District by the New York State Education Department. The CEP includes one breakfast meal and one lunch meal for each student every day that school is in session. The District strongly encourages all students to take advantage of this opportunity to receive two nutritious meals in school every day.

ADDITIONAL MEALS MAY BE PURCHASED AT THE FOLLOWING PRICES:

Breakfast at elementary schools, **$1.85**

Lunch at the elementary schools, **$2.00**

Breakfast at both middle and high school, **$2.00**

Lunch at the middle and high schools, **$3.00**

There is still an additional cost to purchase à la carte items. À la carte items include, but are not limited to: milk, snacks, bottled water, doubles, and extras.